



NAS Oceana Safety Program



Navy Region, Mid-Atlantic

Program Manager for Public Safety



NAVOSH Orientation

Virginia Beach Safety Storefront



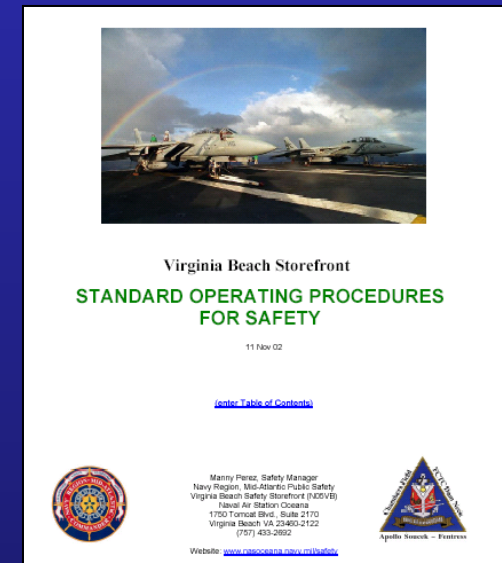
Policy



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- **OSHA - 29 CFR 1910**
 - General Industry Standards (On duty)
- **DOD - DD Form 2272**
 - Your rights and responsibilities
- **Navy - OPNAVINST 5100.23**
 - Navy's program requirements (On/Off duty)
 - OPNAVINST 3500.39- Operational Risk Management (ORM)
- **Local Requirements**
 - NASO CO's Policy Statement
 - Va Beach Storefront SOP for Safety





Local Policy

CO's Policy Statement



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COMMANDING OFFICER NAVAL AIR STATION OCEANA OCCUPATIONAL SAFETY AND HEALTH POLICY

I am committed to protecting the safety and health of each member of the workforce on board Naval Air Station Oceana. Employee injuries often result in needless pain and suffering, impair our ability to perform our mission and adversely impact our productivity. The challenge of reducing employee injuries and controlling associated costs will require a continuing emphasis on risk management, mishap prevention, and appropriate resource allocation. This can be obtained through occupational safety and health (OSH) inspections of all workplaces by qualified OSH inspectors at least annually with prompt abatement of all identified hazards. When needed, thorough mishap investigations shall be conducted in an effort to determine root causes in order to prevent such mishaps from recurring.

An effective safety and occupational health program is an all-hands effort. The safety manager will provide administrative and technical guidance and will ensure that the program functions in accordance with applicable rules and regulations. Procedures are established for personnel to report suspected hazards to their supervisors and/or safety and health officials without fear of reprisal. Activities shall integrate applicable OSH requirements into training programs and technical and tactical publications. Procedures are established to review, in advance of construction or procurement, the design of facilities, systems and subsystems to ensure that OSH hazards are eliminated.

Qualified personnel shall implement comprehensive occupational health surveillance programs, both medical and industrial hygiene. Access to individual occupational health medical records is available to employees and their representatives upon reasonable request by contacting the Navy Occupational Health Clinic, Building 285. Copies of Naval Occupational Safety and Health Standards (NAVOSH) and other various safety related material are available for review at the General Safety Office, Building

Procedures consistent with Office of Personnel Management and Navy Personnel Command directives are established in order to measure employee performance in meeting these NAVOSH requirements and objectives. As Commanding Officer, I cannot over emphasize the need to work together as a team to fulfill our mission in a safe and healthful manner.



Virginia Beach Safety Storefront



Individual Responsibilities

DD Form 2272



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- **Comply with NAVOSH and local standards**
- **Use personal protective equipment (PPE)**
- **Report hazardous conditions, injuries, illnesses to your supervisor**

- **OPNAVINST 5100/11 (employee report)**
- **Mishap Report (supervisor report)**

DEPARTMENT OF DEFENSE SAFETY AND OCCUPATIONAL HEALTH PROTECTION PROGRAM	
The Occupational Safety and Health Act of 1970, Executive Order 12196 and 29 CFR 1960 require the heads of Federal agencies to establish programs to protect their personnel from job safety and occupational health hazards.	
1. The Department of Defense (DoD) designated agency safety and occupational health official is the Assistant Secretary of Defense (Force Management and Personnel).	
2. The _____ Navy Region, Mid-Atlantic _____ designated safety and occupational health official is: _____ (Name) Program Manager Regional Public Safety _____ Commanding Officer, Naval Amphibious Base Little Creek _____ (Title) (Title)	
3. The _____ Navy Region, Mid-Atlantic, Regional Safety Office (NRSO) _____ safety and occupational health designee is: _____ (Name) (Title) Lucinda N. Williams _____ Director, Safety Services _____ (Name) (Title)	
4. The _____ Virginia Beach Safety Storefront (NRSVB) _____ safety point of contact is: _____ (Name) (Title) Manny Perez _____ (757) 433-2181 _____ (Name) (Telephone Number)	
5. The _____ Naval Medical Center, Portsmouth _____ occupational health point of contact is: _____ (Name) (Title)	



Operational Risk Management ORM



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● Identify hazards

- How you do what you do

● Assess hazards

- Negligible to critical

● Make risk decisions

- What is acceptable risk

● Implement controls

- To minimize risk

● Supervise

- Follow-up

Operational Risk Management

5-Step Process



- Identify Hazards
- Assess Hazards
- Make risk decisions
- Implement Controls
- Supervise (Watch for changes)



Risk Matrix

Risk
Assessment
Code

- 1 = Critical
- 2 = Serious
- 3 = Moderate
- 4 = Minor
- 5 = Negligible

		Probability of Occurrence			
		A	B	C	D
S E V E R I T Y	I	1	1	2	3
	II	1	2	3	4
	III	2	3	4	5
	IV	3	4	5	5



Workplace Hazard Analysis

(Activity Executive Summary- AES)



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Workplace Hazard Analysis (WHA) Summary

NASO - Aircraft Intermediate Maint Dept (900 DIV)

Work Ctr. 90A POOL-T/S

Job No. A - GSE Operation

Task No. 1 Operation of GSE (Moving and Testing)

Remarks:

Safety/ Health Hazard	Hazard Assessment	Recommended Control	PPE Required
Chemical- Carbon Monoxide	Carbon Monoxide is a known Human Reproductive Hazard	Use exhaust hoses Reproductive Hazard Training (Annual)	
Impact- collision with object or other vehicle	Crushing injuries may occur during operations	Operator Daily Check List (ODCL)	Seatbelt
Impact- eye injuries	GSE that does not have a windshield presents an eye hazard	PPE required and PPE Training as determined by supervisor	Eye Protection- Safety Glasses with Side Shields or Impact Resistant Goggles
Noise- Flight line Noise and GSE Engine Noise	Noise may exceed NAVOSH limits	PPE required and PPE Training as determined by supervisor Hearing Conservation Program Training (Initial/Annual)	Hearing Protection- Double Hearing Protection- Insert Plugs and Circumaural Muffs on flight line around operating Hearing Protection- Single Hearing Protection- Inserts, Disposable, Sound- Ban or Circumaural Muffs
Temperature extremes- heat/cold	Heat/cold stress may require work/rest	Work/rest cycle during hot/cold weather	



Mishaps by Type



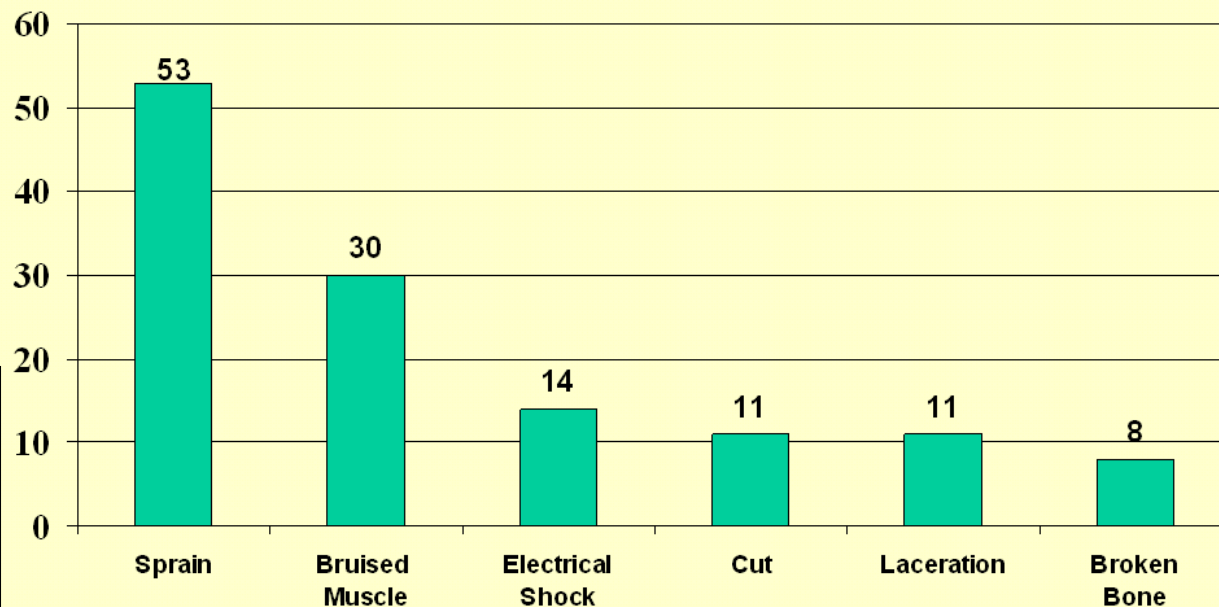
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Mishaps by Type

Highest Incidences
NAS Oceana-FY-02

Number mishaps



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Virginia Beach Safety Storefront



Mishaps by Body Part



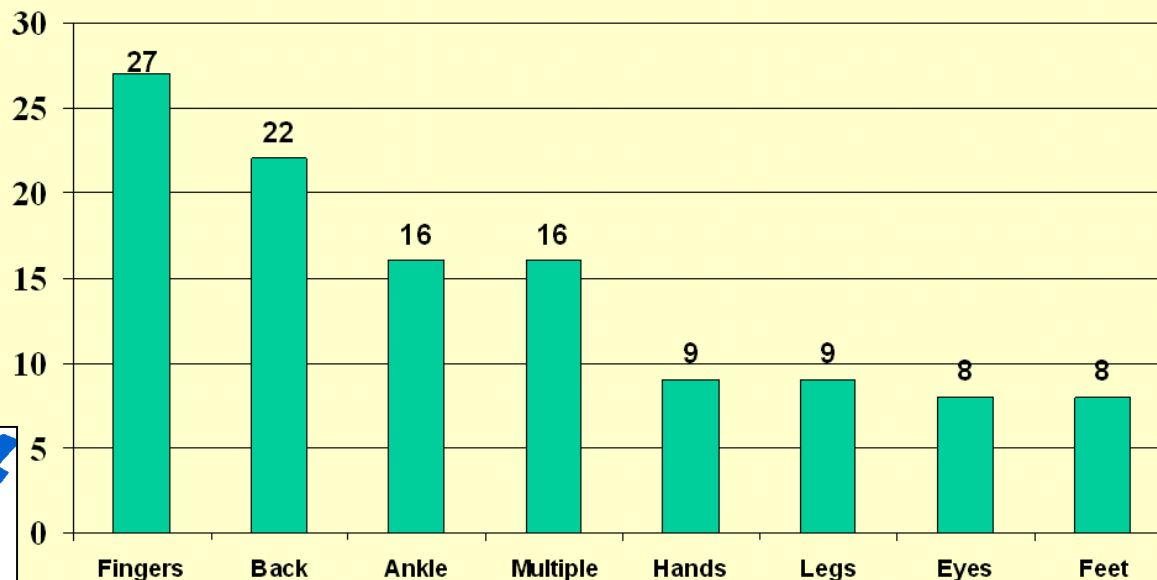
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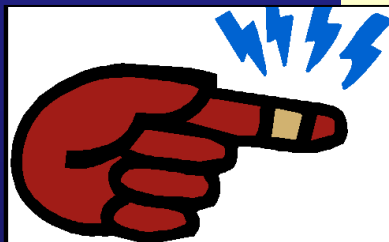
Mishaps by Body Part

Highest Incidences
NAS Oceana-FY-02

Number mishaps



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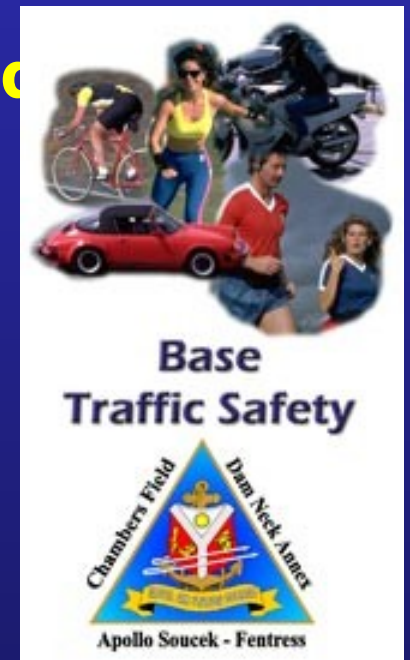
Motor Vehicle Accidents



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- **Most serious hazard to Navy personnel**
- **Most fatalities at night/ weekends**
- **Causes**
 - Lack of attention
 - Speed
 - Alcohol
 - Fatigue
- **NAS Oceana**
 - Most accidents along Tomcat Blvd at intersections and in parking lots



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Work Center Specific Indoctrination

By Supervisor

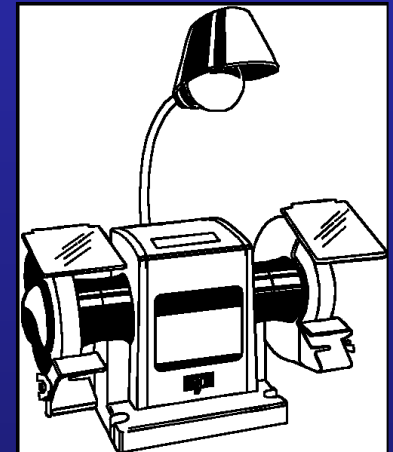


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Resources: Activity Executive Summary, IH Survey

- **Work center OSH policy**
- **Work center hazards**
- **Chemical hazards** (MSDS, AUL, HAZCOM Plan)
- **Occupational Health** (Medical Surveillance)
- **Personal Protective Equipment (PPE)**





Hazardous Communication (HAZCOM) Standard



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- **Written Plan** (on website)
- **Labels and warnings**
- **MSDSs**
- **Inventory** (AUL)





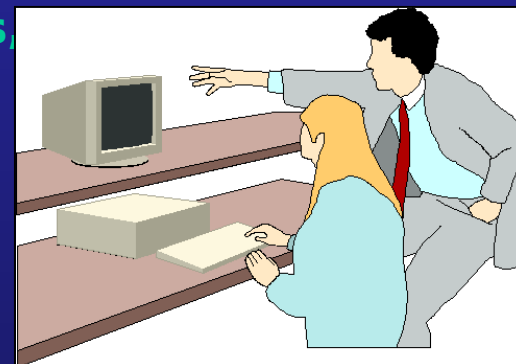
HAZCOM Training



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- **Detecting release of hazardous materials**
- **Hazards**
- **Protection** (emergency procedures,
- **HAZCOM program** (labeling, MSDSs, AUL, etc)





Work Center Specific Topics



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- **Confined Space Entry**
- **Personal Protective Equipment (PPE)**
- **Medical Surveillance Program**
- **Respiratory Protection Program**
- **Hearing Conservation Program**
- **Sight Conservation Program**
- **Foot Protection Program**
- **Ergonomics and Back Safety**
- **Cardiopulmonary Resuscitation (CPR)**



● **Bloodborne Pathogens Control** *Virginia Beach Safety Storefront*



Website

www.nasoceana.navy.mil/safety



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Program Manager for Public Safety



Safety

NAS OCEANA

LINKS	SUPERVISORS PAGE	askSAFETY
Site Index A B C D E F G H I J K L M N O P Q R S T U V W X Y Z		
<p>Home</p> <p>Acc Report-Gov Veh</p> <p>Anthrax</p> <p>Customers/CO Policy</p> <p>eTools</p> <p>Explosives Safety</p> <p>Forms</p> <p>HAZMAT UPDATED</p> <p>Inspections</p> <p>Instructions</p> <p>Mishap Report</p> <p>Meetings</p> <p>Oceana OSH Suite</p> <p>Posters (free)</p> <p>Programs</p> <p>Recall Notices</p> <p>SafetyGrams</p> <p>Training</p> <p>Videos (free)</p> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> <p style="font-size: 1.2em;">May</p> <p style="font-size: 1.5em; font-weight: bold;">SafetyGram</p> </div> <p style="margin-top: 10px;">Spring Off-Duty Safety</p>	<div style="text-align: center;">  <p>The Program Manager for Public Safety, Commanding Officer Naval Amphibious Base Little Creek, is responsible for Law Enforcement, Physical Security, Fire Protection, and Navy Occupational Safety and Health [NAVOSH] services assigned to CNRMA. "...you are our most valuable resource...it is the responsibility of everyone and a direct function of an aggressive and comprehensive Navy Occupational Safety and Health (NAVOSH) Program to ensure a safe and healthful work environment... taking occupational safety and health for granted is never acceptable..."</p> <p style="color: green; font-weight: bold;">FULL POLICY >></p> </div> <div style="margin-top: 10px;"> <div style="background-color: yellow; border: 1px solid black; padding: 2px; display: inline-block;">CAUTION</div> <div style="display: inline-block; vertical-align: top; margin-left: 5px;"> <p style="color: red; font-weight: bold;">HAZARDOUS MATERIAL AND</p> </div> </div>	<div style="text-align: center;">  <p>Commanding Officer, NAS Oceana- "...I am committed to protecting the safety and health of each member of the workforce on board Naval Air Station Oceana ... An effective safety and occupational health program is an <u>all-hands effort</u>...As Commanding Officer, I cannot over emphasize the <u>need to work together as a team to fulfill our mission in a safe and healthful manner</u>..."</p> <p style="color: green; font-weight: bold;">FULL POLICY >></p> </div> <div style="margin-top: 10px;"> <div style="text-align: center;">  <p>NAVSAFECEN has established an Executive Safety Summary web page that provides the latest Class A mishap metrics, trends, etc. Web page is updated daily.</p> </div> <div style="margin-top: 10px;">  <p style="color: green; font-weight: bold;">SMALL AND LARGE SIZED FOAM EARPLUGS- Are you</p> </div> </div>
<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p style="background-color: #008000; color: white; text-align: center; padding: 5px; font-weight: bold;">MAPS</p> <p>Oceana Safety Office</p> <p>Dam Neck Safety Office</p> <p>Motorcycle Training Class</p> <p>Driver Improvement (DIP)</p> <p style="background-color: #008000; color: white; text-align: center; padding: 5px; font-weight: bold;">2003 INSPECTIONS</p> <p>AMHAZ- 7-11 Apr 03</p> <p style="color: green; font-weight: bold;">More >></p> </div> <div style="width: 30%;"> <p style="background-color: #008000; color: white; text-align: center; padding: 5px; font-weight: bold;">FORMS</p> <p>Accident- ID Card</p> <p>Crane ODCL</p> <p>DD 2272</p> <p>Dispensary Permit</p> <p>HAZMAT Screening</p> <p>Mishap Report</p> <p>Mot Veh Acc Report</p> <p>Record of Training</p> <p>Unsafe Conditions</p> <p style="background-color: #008000; color: white; text-align: center; padding: 5px; font-weight: bold;">MEETINGS</p> <p>OSH POLICY</p> <p>TRAFFIC/SAFETY REP</p> <p>AVIATION SAFETY</p> </div> <div style="width: 30%;"></div> </div>		

Virginia Beach Safety Storefront



Summary



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- **Use ORM every day**
- **Report unsafe/ unhealthful conditions**
- **Ensure you have proper training**
- **Ask to see the AES/ IH Survey**
 - Hazards, controls, PPE





Contact Us



Navy Region, Mid-Atlantic

Program Manager for Public Safety

Oceana - Bldg 230

433-2692

Dam Neck - Bldg 585

492-6630

Safety@nasoceana.navy.mil

www.nasoceana.navy.mil/safety